



Connections

Summer 2014 | Volume 37

Newsletter for Families and Friends



Join us for the 27th Walk for Hospice Sunday, October 5, 2014

Are you ready to lace up your walking shoes for the 27th Annual Walk for Hospice? Teams from around the North Shore and Greater Boston will be joining together on Sunday, October 5, to make this year's Walk the best ever. Here are a couple of stories from teams to share what the Walk means to them and what motivates them to raise money to support the Walk and the work of Care Dimensions.

TEAM BERRY PATCH

Kristin Berry-Hurton, who once worked for Care Dimensions as a hospice aide, was inspired to participate in the Walk for Hospice after having a friend who was in hospice care. Kristin takes a creative approach to fundraising. She dedicates three days every September—the first three days of school in Danvers—to sitting outside McKinnon's Market & Super Butcher Shop in Danvers and asking patrons to donate money. "It's easy for me to ask people for a dollar," Berry-Hurton said.

As the captain for Team Berry Patch, she enlists the assistance of students from Danvers High School to help her during her collection days. "The students get community service hours and they really enjoy doing it," she said. "There's a true sense of community spirit."

Pictured right are some members of Team Berry Patch (l-r) Dan Rizzo, Joe Jones, Kristin Berry-Hurton and Andrew Dunn.



BEAUPORT AMBULANCE TEAM

"When I was approached to be a co-chair of the Walk, I felt it was an opportunity to give back to Care Dimensions for what they have given to me," said John Morris, president of Beauport Ambulance, which serves Metro Boston and the North Shore. "Care Dimensions provides such incredible hospice care. Most people don't understand all the services they provide," said Morris. "Care Dimensions cares for not only the patient, but the family too. And that's why I'm happy that the Beauport Ambulance Team will be walking proudly on October 5th. Join us!"

**To register a team or make a donation,
visit www.CareDimensions.org/walk or call 978-223-9787 for more information.**

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LETTER FROM THE PRESIDENT

This year has been defined by one word: growth. This spring, we reached a major milestone—caring for more than 600 patients per day, up 15 percent over last year. We're tremendously proud that so many families have chosen Care Dimensions to help them at such

a difficult time. Growth has also been evident in the need for the specialized medical programs we've developed; the number of communities where we're providing services; partnerships we've developed with healthcare organizations; employees hired; volunteers trained; families offered support and bereavement services; and even the number of pet therapy visits.

As we've grown in the communities west and south of Boston, we've seen the increasingly urgent need for another inpatient facility like the Kaplan Family Hospice House. Since our purchase of 12 acres of land on the Lincoln/Waltham town line in June, 2013, our plans have been progressing through the local and state approval processes. We expect to break ground on the new 18-bed facility next spring. A sketch of the street view of the proposed design and a site map are pictured below.

Our continued growth has also increased the need for philanthropic support to help subsidize the many underfunded aspects of our comprehensive care, such as our specialized clinical care, palliative care, complementary therapies, volunteer services, staff and community education, grief support services and uncompensated care for patients unable to pay. In addition, like all healthcare providers, we continue to be challenged by cutbacks in Medicare reimbursement.

We thank you for your unwavering support so that we can continue to provide compassionate care to more families throughout the region.

Sincerely,

Diane T. Stringer
President and CEO



Planned 18-bed, inpatient hospice facility featuring private suites, including two pediatric rooms, with views of the gardens and natural surroundings of a 12-acre parcel of land located on the Lincoln/Waltham town line.

Diane Stringer Celebrates 25 years at Care Dimensions

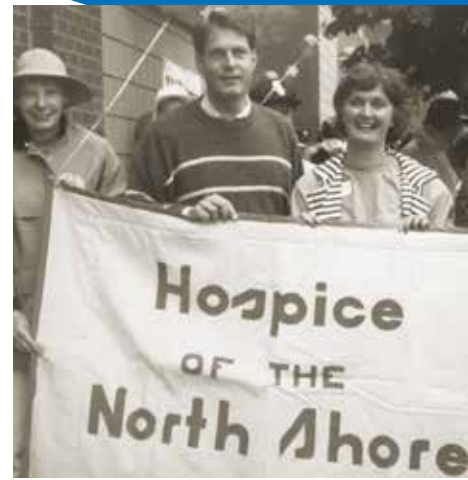
In her 25 years at the helm of Care Dimensions, Diane Stringer has been the driving force behind the growth and success of Care Dimensions and the nation's hospice movement. Diane began her career at Care Dimensions, then Hospice of the North Shore, in 1989, transforming the organization from a small volunteer program to its present position as the largest hospice in Massachusetts, an independent, freestanding provider serving more than 5,000 patients per year.

Throughout her tenure, Diane has advocated for quality, accessible end-of-life care, developing such innovations as the Kaplan Family Hospice House, the Bertolon Center for Grief & Healing, a palliative care consultation service and a pediatric hospice program, to name only a few. In 2010, she helped lead the organization's expansion by acquiring Partners Hospice and opening a Wellesley office to expand access to comprehensive hospice care to patients west and south of Boston.

A respected leader in advancing end-of-life care at the state and national levels, Diane led efforts to expand access to hospice care

in the Commonwealth by securing passage of legislation to mandate hospice as a covered benefit by all insurers in 1995, and to license freestanding hospice inpatient facilities in 2002. A long-standing board member of the Hospice and Palliative Care Federation of Massachusetts and former Chair of its Public Policy Committee, she has also served on the Board of Directors and Public Policy Committee of the National Hospice and Palliative Care Organization. Diane is also active on several hospice, health care and higher education boards.

"Diane has consistently applied her passion for the hospice mission, as well as her tenacity, enthusiasm, and exemplary leadership skills, to move Care Dimensions into new strategic realms, while always putting patients and families first," said Peter Sherwood, chair of the Care Dimensions Board of Directors. "We congratulate her on this important milestone and look forward to Care Dimensions' continued growth under her dynamic leadership."



KATHLEEN SCHROOT MEMORIAL AWARD

Congratulations to **Ayanna Saunders, RN**, the 2014 recipient of the Kathleen Schroot Award. Created in memory of the first registered nurse at Hospice of the North Shore, the award honors those who make a special contribution to the profession of hospice nursing. Ayanna has worked as an Evening/Night Nurse since September of 2010, caring for patients and their families in the middle of the night when anything can, and often does, happen. She truly exemplifies the traits that Kathleen was well known for: compassion, grace, commitment to collaboration, and an acceptance of others.

Ayanna (second from left) with Kathleen's family.



LANE-BUTLER GIFT OF COMPASSION 2014

The Lane-Butler Gift of Compassion is an annual gift to a Care Dimensions hospice aide honoring the life of David Lane and the compassion of his hospice aide, John Butler. This year's gift of compassion went to **Cindy Berry**, a 24-year Care Dimensions veteran hospice aide. Cindy was nominated by her peers for her unwavering compassion with our hospice patients and their families.

Pictured (l-r) John Butler, Lynn Lane, wife of David Lane, Cindy and Judy Cranney, COO.

Healing Connections

RESOURCES FROM CARE DIMENSIONS GRIEF SUPPORT PROGRAM

SUPPORTING OUR COMMUNITY

Care Dimensions' Grief Support Program is among the most robust and comprehensive in the region; at any given time, we are offering more than a dozen workshops, support groups, and events to help people grieve and heal. Eight-week support groups such as "Loss of Spouse/Partner" and "Adult Loss of Parent" run continuously throughout the year. While there will always be a need for these well-established support groups, we are also developing new and innovative programs to reach others in mourning who might not be drawn to the "traditional" support group model.

This fall, Bereavement Counselor Ellen Frankel, a published author, will be leading a new five-session workshop called *Writing from the Heart of Grief*. "I have found that the heart can speak its truth through the process of writing when we quiet the mind and put pen to paper," says Ellen. "In this way, writing can bring about new insights that can lead to both healing and wholeness." It quickly became clear how compelling this new offering is; the group, which is capped at eight participants, filled less than a week after it was first advertised and there are already several people on a wait list for the next one.

Bereavement Counselor Alex Weinstock is developing another new program for the fall. In addition to his Master of Social Work degree, Alex is a certified master chef, and he has found a creative way to integrate his love of cooking and his skill in supporting those who are grieving. "My new group offering, called 'Soul Food,' will be a place to discover both the ingredients to create a delicious meal," explains Alex, "as well as those needed to process the grief experience when a loved one dies." Food is not merely calories to fuel the body; the

*Grief has no timetable,
but support from others
can help us heal...*

experience of preparing, serving, and eating food is far more emotionally complex and nuanced, so there is a natural synergy between the skill-based cooking class and the relational, emotive experience of a support group. We are still finalizing the location and dates, but we are excited about starting this new program in the coming months.

Our bereavement services are open to anyone in the community who is grieving the death of someone close to them, whether or not their loved one died on hospice care. We also respond to businesses and schools who are coping with a death within their community and requesting grief support and/or training on how to help co-workers or students who are grieving. For more information and a complete listing of our bereavement programs, please visit the "Grief Support" section of our website at www.CareDimensions.org or call our Bertolon Center for Grief & Healing at 855-774-5100.



GE VOLUNTEERS HELP EASE THE WAY

To help grieving children through challenging times, General Electric's Volunteer Committee collected stuffed animals for Care Dimensions to present when a loved one has passed away. *Pictured (l-r) are CEO Diane Stringer, GE Volunteers Casey and Erin Foote and Susan Rogers, Special Events Manager for Care Dimensions.*

GE volunteers also helped for the 20th year at Care Dimensions annual Hospice Auction and Regatta.



2014 Summer/Fall Bereavement Calendar

WORKSHOPS

Newly Bereaved Workshop

(a one-time workshop for loss of 1-3 months)

Tuesday, September 9, 6 – 8 p.m.

70 Walnut St., Wellesley

MENDING HEARTS: The Loss of a Difficult Relationship

Tuesday, September 23, 6 – 8 p.m.

70 Walnut St., Wellesley

RSVP to 855-774-5100 by September 15

CONTINUING BONDS:

Loss of a Friend Workshop

Tuesday, October 7, 6 – 8 p.m.

70 Walnut St., Wellesley

RSVP to 855-774-5100 by September 29

HEALING HANDS AND HEARTS:

Tending to Caregiver Grief

Tuesday, October 28, 6 – 8 p.m.

70 Walnut St., Wellesley

RSVP to 855-774-5100 by October 20

MONTHLY SUPPORT GROUPS

Newly Bereaved

1st Thursday of every month, 6 – 8 p.m.

78 Liberty St., Danvers

SHARING OUR LOSSES: A Circle of Caring

1st Monday of every month, 10:30 – 11:30 a.m.

Meeting Sept. 8 due to Labor Day holiday

Putnam Farm, 9 Summer Street, Danvers

Children's Bereavement Support Groups

6 – 7:30 p.m.

Holy Trinity United Methodist Church, Danvers

Biweekly Drop-in Children's Support Groups

(Two Groups: Ages 4-8 or Ages 9-12)

1st and 3rd Wednesday of each month

Ongoing; Starting September 3

Monthly Drop-in Children's Group

(Two Groups: Ages 4-8 or Ages 9-12)

2nd Wednesday of each month

Ongoing; Starting October 8

Note: Children must have attended a Care Dimensions kids group prior to joining this group.

Adults Raising Grieving Children

Occurs at 6:15 – 7:15 p.m. during

Children's Bereavement Support Groups

SUPPORT GROUPS

Suicide Bereavement Group

Thursdays, Sept. 4 – Oct. 23, 6:30 – 8 p.m.

78 Liberty St., Danvers

Loss of Spouse/Partner

Mondays, Sept. 8 – Oct. 27, 6 – 7:30 p.m.

70 Walnut St., Wellesley

RSVP to 855-774-5100 by September 2

Tuesdays, Sept. 23 – Nov. 11, 6:30 – 8 p.m.

Wednesdays, Sept. 24 – Nov. 12, 1 – 2:30 p.m.

78 Liberty St., Danvers

Loss of an Adult Child

Mondays, Sept. 8 – Oct. 27, 6 – 7:30 p.m.

78 Liberty St., Danvers

Loss of Spouse/Partner - Part 2

Mondays, Sept. 8 – Nov. 3, 3:30 – 5 p.m.

Note: We will not meet Oct. 13

78 Liberty St., Danvers

Coping with Grief & Loss

Fridays, Sept. 12 – Oct. 17, 10:30 – 12 noon

78 Liberty St., Danvers

EMPTY ARMS: Loss of a Child

Due to Illness

Wednesdays, Sept. 17 – Nov. 12, 6 – 7:30 p.m.

Note: We will not meet Sept. 24

70 Walnut St., Wellesley

RSVP to 781-373-6530 by September 9

Young Widowed

Thursdays, Sept. 18 – Nov. 6, 6:30 – 8 p.m.

78 Liberty St., Danvers

Adult Loss of Parent

Wednesdays, Sept. 24 – Nov. 12, 6:30 – 8 p.m.

78 Liberty St., Danvers

Soul Food

Tuesdays, Oct. 14 – Nov. 18, 3 – 5 p.m.

Danvers

ADULT GRIEF SUPPORT: Loss Due to Illness

Mondays, Sept. 8 – Oct. 27, 6 – 7:30 p.m.

Note: Week 7 will meet Tuesday, Oct. 21.

Emerson Hospital

Space is limited. Advance registration is required by calling 978-287-3428.

Advanced registration is required for all groups and workshops. Dates and times are subject to change. Although there is no charge for most support groups, donations are appreciated. For more information or to register call 855-774-5100 or email Grief@CareDimensions.org

Fall Services of Remembrance

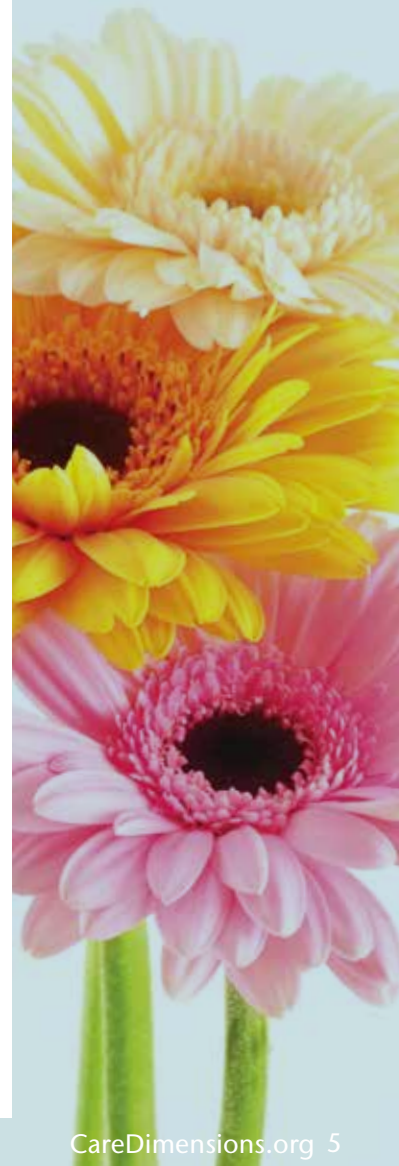
**Sunday, November 2
3 – 4:30 p.m.**

Second Congregational Church, Beverly

**Sunday, November 9
3 – 4:30 p.m.**

Eliot Church of Newton, Newton

For more information, call 855-774-5100.



Pediatric Hospice

PEDIATRIC PROGRAM PROVIDES COMFORT TO PARENTS

Jenna and Paul Clapp of North Reading were high school sweethearts who had long talked about their desire to marry and start a family when they were young. At 26, their dreams came true, and on September 14, 2013, their son Jordan was born with a full head of hair, big brown eyes and seemingly perfect in every way.



“Hospice enables comfort and being able to live life to the fullest to the end. It’s not about just throwing in the towel and letting things happen. It’s about keeping the integrity of life – that’s what hospice is.”

~ Jenna Clapp

At his one-month checkup, his pediatrician noticed that he had hypotonia (low muscle tone) and suggested some exercises they could do to help strengthen his muscles. “This was our first baby, so we had no idea that anything was wrong,” said Jenna. At the two-month checkup, he showed small signs of improvement, but the doctor was still concerned and referred them to a neurologist at Tufts Floating Hospital for Children. The specialist diagnosed Jordan with Spinal Muscular Atrophy Type 1 (SMA), a genetic disease that causes wasting of the body’s muscles and functions, including breathing and swallowing, like ALS. It is the leading genetic cause of infant death.

Reeling from the news that their baby only had months to live, Jenna and Paul vowed to make his life as comfortable and joyful as it could be. “Since there is no cure and he was not going to

get better, we wanted him home with us,” said Paul. “He wasn’t going back to the hospital, so we chose Care Dimensions to help us care for him at home.”

From the start, the Care Dimensions pediatric team, led by Tamara Vesel, M.D., a nationally recognized pediatrician specializing in palliative care, helped Jenna and Paul talk through their goals for Jordan’s care. “His comfort was

paramount over our feelings of wanting to keep him here and alive with us. We didn’t want to do anything that would cause more suffering,” said Jenna. “We wanted to be clear and grounded in our decisions, so there would be no guilt or regrets later.”

“Whenever he had a medical crisis or we had to make a decision about more medical intervention like putting in a feeding tube, Dr. Vesel would walk us through it, discuss both options and then let us decide,” explained Jenna. “Having the team’s support is a big reason why we were able to stay true to our original plan.”

Jenna and Paul were determined to make Jordan’s life as normal as possible, so they took him for walks, played with him in the snow, had pictures taken with Santa and celebrated the holidays with family. “We did the best we could and gave him the most fulfilling life he could have with the help of our hospice team,” said Paul. “That time was so precious. He came and went so quickly, it seems like the greatest dream,” added Jenna.

In February, when he was five months old, Jordan developed an ear infection and Dr. Vesel warned that the infection could be too much for his little body to fight off even with antibiotics and morphine to control his pain. After a week, his lungs were failing, but his brain and heart kept fighting. “Dr. Vesel and our nurse Lisa Carey were with us on his last day, explaining what was happening and what to expect next. In the end, he had a very peaceful death, free from pain and in our arms,” said Paul.



Watch the Clapp Family tell their story



<http://youtu.be/gpQ4BFzIzM8>

Program updates

PRESENTING

Dr. Ira Byock, acclaimed palliative care physician



Please join us in welcoming Dr. Ira Byock, one of the foremost palliative care physicians and speakers in the country, to the Care Dimensions community.

Thursday, October 23, 2014
5 – 8 p.m.

St. John's Prep., Danvers

Friday, October 24, 2014
7:30 – 10 a.m.

Beverly Hospital, Beverly

Dr. Byock's talks will focus on the premise that we must not only remake our healthcare system, we must also move past our cultural aversion to talking about dying and acknowledge the fact of mortality. In so doing, we can live emotionally authentic, healthier, and more joyful lives.

The cost for each CEU program is \$20.

To register or for more information, please contact Wendy DeFelice at 978-223-9748 or WDefelice@CareDimensions.org.

CARE DIMENSIONS RECOGNIZES VETERAN ADVOCATES

As a part of our ongoing participation in the "We Honor Veterans" program, a collaboration between the National Hospice and Palliative Care Organization and the Department of Veterans Affairs, Care Dimensions held a special recognition breakfast for three dedicated individuals who have played important roles in supporting veterans in our communities.

Honored were:

- Retired Chief Warrant Officer of the Army Reserves and former Care Dimensions volunteer Wilfred Beaulieu.
- Current President of the Beverly Rotary Club and Vietnam Veteran Joseph Bubriski.
- David Solimine, Sr., founder of Solimine Funeral Homes in Lynn and a retired Airman, Second Class, Massachusetts Air National Guard.



WE HONOR VETERANS

The honorees were recognized in front of a packed crowd of local officials, community members and Cheryl Lussier Poppe, Deputy Secretary of Programs, Services and Personnel with the Department of Veterans Services and Acting Superintendent of the Soldiers' Home in Chelsea.

With grant support from the East Boston Savings Bank Charitable Foundation, the Beverly Rotary Club Foundation and a Rotary District 7930 District Grant, Care Dimensions is growing its veterans program to care for those who have served our country. A new Veteran-to-Veteran volunteer training program has been launched and services have been expanded including special recognition for veterans, outreach to veteran's organizations and this new event honoring veterans.



"We Honor Veterans" honorees (center, front row) Wilfred Beaulieu, Joseph Bubriski and David Solimine, Sr. with several event attendees.

CAMP STEPPING STONES



This year's Camp Stepping Stones, a two-day camping experience for children and their families coping with the death of someone close to them, welcomed 49 children, their parents and caregivers from across New England. Thanks to the guidance of the Care Dimensions Grief Support staff and 66 volunteers, participants were able to enjoy a weekend of fun, commemorative activities and programs to help learn new coping skills after experiencing the loss of a loved one. Ellen Frankel, first-time camp volunteer and bereavement counselor, said, "Camp Stepping Stones was a celebration of life in the midst of mourning lost loved ones. I'm looking forward to next year!"





The 20th Annual

Under a stormy sky, the Annual Hospice Auction, the 20th Anniversary Platinum Gala, was held on June 13 at the Corinthian Yacht Club in Marblehead. It raised \$360,000 in support of the Care Dimensions' mission. Three hundred guests enjoyed a dinner and lively auction, bidding on 20 unique items, including T. M. Nicholas' 2014 signature artwork, *Summertime Gloucester*. The Pediatric Hospice program took center stage as attendees enthusiastically raised their paddles, contributing an amazing \$81,000 to ensure families in need have access to essential services.

A dynamic committee, under the leadership of Meryl Thompson and Louise Sharp, planned a fabulous weekend of events. Presenting Sponsors Kathy and Ted Truscott set the pace for sponsor commitments.

On a sunny Father's Day, 28 boats competed in the Annual Hospice Regatta with *Blown Away* owner Jon Samuel going on to represent Care Dimensions at the National Hospice Alliance Regatta.

2014 SPONSORS

Presenting Sponsors
Kathy & Ted Truscott

Captain
Christine & George Dhionis
Andrea & Gary Gregory
Fran & Stephen Lockwood
Dr. Barbara Carter Moore
Superior Plumbing

Commander
Mary Donovan
Doyle Sailmakers
General Electric Volunteers
Carolyn & Peter Lynch
Nancy & Brian McCarthy
The Procaccini Charitable Fund
Sharp & Linhart Financial Strategies

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Susan & John Gardner
Susan & Charles Gessner
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Joan Johnson
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Meninno Construction
Peter Morris
National Grand Bank
North Shore Endodontics Associates, P.C.
North Shore Medical Center
Cynthia Bern Podos & Stanley Podos
Protector Group
Ribcraft USA
Anne & Phil Smith
Deborah & Jack Tatelman
Meryl & Christopher Thompson
Stephen Thompson
Rose-Marie & Eyk van Otterloo



Hospice Auction & Regatta



4



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6



7



10



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1. Christopher and Meryl Thompson, event co-chair.
2. Martha Pitman, Bob and Louise Sharp, co-chair and Lynn Lindsey.
3. Joan Johnson, Diane Stringer with Bill and Marty Willis.
4. Harvey and Patti Cohen with Karen and Steve Solomon.
5. John Seamans.
6. Sarah and Dianne Reich.
7. Andrea Gregory, Christina Ferri and Nora Falk.
8. Christine Dhionis and Susan Gessner.
9. Davita and David Nowland.
10. Peter and Jesse Morgan.
11. George Dhionis and Auctioneer Paul Zekos.
12. Rick Case.



11



12

Support from the Community

ANNUAL ANCHOR DIP RAISES \$13,000!

The Anchor Pub & Grille and Jubilee Yacht Club, both in Beverly, held their annual Anchor Dip, raising an incredible \$13,000! Therese Savegeau, owner of the Pub, led more than 50 brave souls into the icy waters off Sandy Point.



BRICK CEREMONY BRINGS FAMILIES TOGETHER

On Saturday, June 14, 250 people attended the 2014 Brick Dedication Ceremony at the Kaplan Family Hospice House to dedicate bricks that were inscribed for their loved ones.

If you would like to dedicate a brick in memory or in honor of someone, please contact Heidi Hatch, Development Associate, at 978-750-9318 or email HHatch@CareDimensions.org.

COPYRIGHT CLEARANCE CENTER BOOK DRIVE

The good people at Copyright Clearance Center held a recent book drive to benefit our pediatric patients and children throughout our service area.

TREKKING FOR TODD

On a beautiful summer day, Rick "Duke" Dauphinais and Chuck Wilkins walked 50 miles from Newcastle, NH, to the Black Lobster in Salem, MA, to raise money in memory of Todd Libman. Led over the Salem Bridge by bagpiper Julie Hahkne, Duke and Chuck joined friends and family members for a fundraising celebration of Todd's life organized by Linda Hays Miller. The trek generated over \$10,000 for Care Dimensions.

Pictured (l-r) Rick "Duke" Dauphinais, Stacey Libman, Linda Hays Miller, Chuck Wilkins, and Jackie Dattoli



THE DAVID SHERMAN *Legacy Society*

The David Sherman Legacy Society, which was established in 2011, held a gathering of Society members who have made a provision for Care Dimensions in their estate plans. This year's guest speaker was Dr. Tamara Vesel, our Medical Director of Pediatric Services.

For more information about joining the Legacy Society, please contact Elizabeth Macomber, VP for Philanthropy at 978-750-9394 or email EMacomber@CareDimensions.org

Volunteer focus

THErapy DOg BRINGS JOY TO PATIENTS

Cynthia Turover, who has been a Care Dimensions volunteer for nine years, and her pet therapy dog Louie made the day of three of our patients at Aviv Centers for Living in Peabody a little brighter when they visited the center in July for a pet therapy visit. Louie, a 14 year-old miniature poodle mix, charmed the patients and got lots of patting. Cynthia and Louie engaged with the patients and the visit brought back some patients' memories of their own dogs.

Cynthia volunteers in many capacities for Care Dimensions, including working at the reception desk at the Kaplan Family Hospice House.

"Therapy dogs bring sparkle to an uneventful day, provide a lively subject for conversation, and rekindle old memories of previously owned pets," says Lynda Reedy.

We are always looking for pet therapy dogs and volunteers. If you are interested in learning more or know someone with a certified pet therapy dog, please contact Sheryl Meehan, Volunteer Manager at 888-283-1722 or email SMeehan@CareDimensions.org.



PATIENT TREASURES HIS VOLUNTEER VISITS



If you were looking for Manchester-by-the-Sea resident Frank Medeiros this summer, he may have been driving through Nahant to provide companionship to Care Dimensions' patient Stewart Hadley, or driving to Rockport so that Stewart could get his regular supply of saltwater taffy that he gives to visitors in his home. As a hospice volunteer for 30 years, Frank estimates that he has spent time with more than 50 patients.

Frank is a long-time supporter of Care Dimensions and

contributed to the campaign to build the Kaplan Family Hospice House. He is also a member of the David Sherman Legacy Society and has named Care Dimensions in his estate plans.

"I do it (volunteer) because of the joy of helping someone out," Frank said. "I enjoy spending time with him (Stewart). We talk about whatever interests him and enjoy going for a ride," Frank said.

Volunteers tell us that they benefit greatly from their time with our patients. As Stewart's daughter can attest, "My Dad eagerly looks forward to his visits with Frank. They make a great team."

HELP US SPREAD THE WORD... VOLUNTEERS ARE NEEDED IN SEVERAL AREAS

Volunteers play a critical role in the lives of our patients. Each day we care for more and more patients and are looking for new volunteers to assist with these growing numbers. We care for patients in more than 90 communities in Eastern Massachusetts. If you or someone you know is interested in volunteering or in learning more about these special opportunities, please contact Sheryl Meehan, Volunteer Manager, at 978-750-9321 or email SMeehan@CareDimensions.org.

OUR NEXT VOLUNTEER TRAINING SESSIONS:

Boston Area

**Evening Class: September 8 – October 6
6 – 9 p.m.**

*Cambridge Insight Meditation Center,
31 Broadway, Cambridge*

*Please contact Rebecca Wendler, Sr. Volunteer Coordinator,
at 781-373-6574 or RWendler@CareDimensions.org
to register or receive additional information.*

Danvers

**Day Class: September 16 – November 4
9:30 – 11:30 a.m.**

*Kaplan Family Hospice House, 78 Liberty Street, Danvers
Please contact Elizabeth Lebel, Volunteer Coordinator,*

*at 978-750-9349 or ELebel@CareDimensions.org
to register or receive additional information.*

We'd like to keep you informed, however, if you no longer wish to receive this newsletter or future fundraising requests to support Care Dimensions, formerly Hospice of the North Shore & Greater Boston, please contact the Development Department by email at Philanthropy@CareDimensions.org or call 978-223-9787.

Please join us

Upcoming Community Events

- **27th Annual Walk for Hospice**
Sunday, October 5, at 8 a.m.
St. John's Preparatory School, Danvers
- **Care Dimensions Presents Dr. Ira Byock**
Thursday, October 23, 5 – 8 p.m.
St. John's Prep., Danvers
Friday, October 24, 7:30 – 10 a.m.
Beverly Hospital, Beverly
- **North Shore Service of Remembrance**
Sunday, November 2, 3 p.m.
2nd Congregational Church, 35 Conant Street, Beverly
- **Greater Boston Service of Remembrance**
Sunday, November 9, 3 p.m.
Eliot Church of Newton, 474 Centre Street, Newton
- **Tree of Lights Ceremonies**
Tuesday, December 2 — Danvers
Thursday, December 4 — Swampscott
Monday, December 8 — Gloucester
Tuesday, December 9 — Wellesley



Sunday, October 5

www.CareDimensions.org/walk

