



Care Dimensions is the largest palliative care and hospice provider in Massachusetts, offering a full range of community and home-based services in over 100 communities.

As a non-profit, community-based leader in advanced illness care, we honor diversity and welcome patients of all race, color, national origin, age, disability, religion, sexual orientation or gender expression. Care Dimensions' full continuum of services include:

- Palliative care
- Hospice
- Hospice specialized care programs: *Dementia, Cardiac and Lung Diseases, Pediatrics, Developmentally Disabled Adults*
- Meeting the unique needs of: *Veterans and the LGBTQ Community*
- Kaplan Family Hospice House and Care Dimensions Hospice House
- Grief support
- HomeMD - primary care at home
- Care Dimensions Learning Institute

Palliative Care: 888-283-1433
Referrals: 888-287-1255
Referral Fax: 978-774-4389

CareDimensions.org



ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-888-283-1722 (TTY: 7-1-1).

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-283-1722 (TTY: 7-1-1).

ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-888-283-1722 (TTY: 7-1-1).

Palliative Care



Improving quality of life for you and your family.

"It's been very helpful to have the palliative care team provide oversight of my medical care and communicate with all of my physicians. It's reassuring for me and my wife to know that everyone's on the same page and my care is coordinated."

- Steve Homer

Care Dimensions provides compassionate care throughout all stages of advancing illness.

We believe that a better day tomorrow starts with a good talk today.

Our expansive services and expert staff honor the richness of patients' lives – addressing complex medical issues, as well as emotional, spiritual and family concerns. We treat patients with dignity and respect, so they may live as fully as possible.



PALLIATIVE CARE

Palliative care is specialized medical care for people living with a serious illness. This type of care is focused on providing relief from the symptoms and stress of the illness. At Care Dimensions, our palliative care team works together with a patient's primary care physician and specialists to provide an extra layer of support that complements a patient's ongoing care. A consultation with one of Care Dimensions' palliative care specialists can offer guidance and an extra layer of support to help with complex conditions, symptom management, and healthcare choices.

Care Dimensions' specialized medical team honors your values, goals, and wishes, while collaborating with your medical providers to address the physical symptoms, anxiety, fear, and stress that can accompany a serious or advancing illness. We will assist you in discussing what matters most to you, with the ultimate goal of improving quality of life for you and your family.

Referrals: 888-283-1433



YOUR PALLIATIVE CARE TEAM

Palliative care takes a collaborative, interdisciplinary team approach. We work with your primary care physician and specialists to provide seamless care. Our palliative care team's mission is to support the quality of life you want and deserve.

REASONS FOR PALLIATIVE CARE

Palliative care is appropriate at any age and any stage of illness. Palliative care can be combined with curative treatment, and can help with:

- Complex pain and symptom management
- Diagnosis and prognosis discussions, especially when prognosis may be unclear
- Discussions relating to your goals of care
- Advance care planning (health care proxy, MOLST, etc.)
- Care and treatment issues that affect quality of life

Palliative care enhances daily life for people with advancing illness, including:

- Cancer (any stage)
- Dementia/Alzheimer's disease
- Respiratory disease (COPD/emphysema)
- Cardiac disease, heart failure, stroke
- Kidney or liver failure
- Multiple Sclerosis, ALS, Parkinson's Disease
- Failure to thrive

PALLIATIVE CARE BENEFITS

Our palliative care team is committed to providing you with communication, compassion, and seeing you as a whole person. Palliative care offers multiple benefits, including:

- Coordinating care with your physicians and specialists
- Providing greater clarity on your goals of care
- Improving your pain and symptom management
- Evaluating and recommending changes to medications
- Optimizing your quality of life
- Empowering you and your family



INPATIENT AND OUTPATIENT CONSULTATIONS

We visit patients wherever they live — private homes, group homes, skilled nursing facilities and assisted living communities. In addition, Care Dimensions works in collaboration with several hospitals in the region to offer inpatient palliative care consultations, meeting you and your family at the bedside during a hospitalization.

PAYMENT FOR PALLIATIVE CARE

All or part of a palliative care consultation is covered by Medicare, Medicaid and most insurance plans.

REFERRALS

Anyone can request a palliative care consultation. Call **888-283-1433** or use our secure online referral form at [CareDimensions.org](https://www.CareDimensions.org).

“My palliative care team has been so helpful, guiding me through discussions about my choices and documenting my advance care directives, managing my pain and symptoms, and connecting me to community resources. Their support has made such a difference.”

– Deborah Potter