



CareDimensions

HOSPICE | PALLIATIVE CARE | SUPPORT SERVICES

Bereavement Calendar

June – August 2024

Based on grief research and our clinical practice, we find that our support groups benefit those individuals who participate in these groups at least three (3) months after the loss of a loved one. Registration in our Newly Bereaved workshop is recommended for those who have experienced loss within the past three months. For the full description of a group, please visit our website at [CareDimensions.org/FindSupport](https://www.CareDimensions.org/FindSupport)

Support groups are open to Massachusetts residents ONLY.

VIRTUAL: NEWLY BEREAVED

A one-time workshop for loss within the last three months

For anyone with a death in the last three months whose loved one was not connected to Care Dimensions hospice. RSVP required by Thursday before group.

Virtual via Zoom

Monday, June 3, July 1 or August 5, 3 – 5 pm

VIRTUAL: NEWLY BEREAVED

A one-time workshop for loss within the last three months

This workshop is open to friends and family of Care Dimensions patients only. For people whose loved one died on CD hospice services within the last three months. RSVP by Friday before group.

Virtual via Zoom

Wednesday, June 12, July 10 or August 14, 3 – 5 pm

VIRTUAL: ¿HA PERDIDO UN SER AMADO?

VIRTUAL: SPANISH GRIEF AND LOSS

¿Necesita ayuda para continuar su vida después de una pérdida difícil? Care Dimensions ofrecerá un grupo de apoyo en español para navegar el difícil proceso del luto. Si le interesa por favor envíe un correo electrónico a Erin Bourgault, coordinadora de servicios de apoyo de la clínica de East Boston, bourgaue@ebnhc.org o llamar 857-248-5728. For information, email Erin Bourgault at bourgaue@ebnhc.org or call 857-248-5728.

Virtual via Zoom

sábados, 8 de junio; 13 de julio; 10 de agosto, 10 – 11:30 am

Saturdays, June 8; July 13; August 10, 10 – 11:30 am

VIRTUAL: MONTHLY CAREGIVER SUPPORT GROUP

RSVP to Grief@CareDimensions.org by Friday prior to group.

Virtual via Zoom

Mondays, June 10, July 8 and August 12, 10:30 – 11:30 am

CHILDREN'S BEREAVEMENT SUPPORT GROUPS



Save the Date for our 23rd Camp Stepping Stones, September 14th

This is our one day program for children and families who have experience a loss of someone special – look for registration details on our website early-June. Contact Camp@CareDimensions.org with questions.

For more information or to register:
visit - [CareDimensions.org/FindSupport](https://www.CareDimensions.org/FindSupport)
call - 855-774-5100 or
email - grief@CareDimensions.org

Advance registration is required for all groups and workshops. Dates and times are subject to change. Although there is no charge for most support groups, donations are appreciated.