



*2014 Annual Report*

# *Compassionate* Expertise for Advanced Illness

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888-283-1722

www.CareDimensions.org

*Our Mission*

**Care Dimensions enriches quality of life for those affected by life-limiting illness, death and loss by providing exceptional care, support, education and consultation.**

*Our Values*

**Compassion**

Compassionate care is at the very heart of what we do. We provide steadfast caring that epitomizes empathy, kindness, respect and understanding.

**Excellence**

We are committed to providing the highest quality hospice and palliative care. We strive to exceed our customers' expectations and continuously improve our performance.

**Collaboration**

We work as a team, sharing respect, resources, knowledge and expertise to achieve common goals. We collaborate with our community partners to ensure seamless care for our patients and their loved ones.

**Integrity**

We uphold the highest ethical standards by being fair and honest with our customers and with each other. We act with integrity, respect privacy and confidentiality, and use resources wisely.

**Responsiveness**

We identify and meet our customers' priorities and fulfill our promises through timely response, flexibility and accountability.

**Innovation**

We seek new opportunities and solutions, and pioneer new programs and services to meet community needs.

*A Message from Leadership*

"Compassionate Expertise for Advanced Illness"

It has been a year since we rebranded to Care Dimensions and adopted "Compassionate Expertise for Advanced Illness" as our tagline. Yet, every time we see it in print, we're reminded of all that is symbolized by those five small words.

It's the outstanding clinical expertise that our staff brings to every patient, whether they need specialized care to manage the symptoms of advanced cardiac disease, inpatient-level titration of pain medication at Kaplan House or the close coordination with multiple specialists for our pediatric patients.

It's hundreds of small gestures of support and compassion that happen every day to celebrate a milestone or special event, to take away the stress and anxiety of managing all the details, or a hand held when you need someone who understands. And it comes in different forms, some of them with fur and four legs, in the notes of a favorite song, or in the gentle ribbing from a fellow veteran.

Our dedicated staff knows that it takes the right mix of both compassion and clinical expertise to provide the best patient experience possible.

This year, we've experienced unprecedented growth, enabling us to provide much-needed services to nearly 5,000 families in our service area. But this growth needs investment to sustain it. We're investing in our staff development, supported in part by a Massachusetts Healthcare Workforce Transformation Fund Training Grant, by creating online training tools and developing an innovative hospice nurse residency program to nurture new staff.

We're also investing in the development and construction of a new inpatient hospice facility on the Lincoln/Waltham line to help bring necessary alternatives to hospitalization for patients at the end of their life who live in the Metrowest area.

Continuous innovation and development of new programs is crucial for us to provide care tailored to each patient and family's needs. Using new technologies, systems to track quality measures, and family satisfaction feedback, we're able to improve services to provide better patient experiences.

Without the generous support of our communities, Care Dimensions wouldn't be able to invest in our staff or innovative programs, and we wouldn't be able to provide critical services to all those who desperately need it. Your unwavering support and advocacy is critical as we continue to grow and evolve. Thank you for helping us provide compassionate expertise to countless patients with advanced illness and their families throughout the region.

Sincerely,



Diane T. Stringer  
President and CEO



Thomas Ford  
Chairman



Allen L. Smith, M.D.  
Chairman



Thomas Ford, Diane Stringer and Allen Smith, M.D.



Photos by Abby Archer

## Pediatric Team Cares for the Whole Family

*Riley Fessenden is a typical 7-year-old*, obsessed with her new puppy, cheerleading, Taylor Swift, arts and crafts, and playing with her three siblings and many friends. But, she's also a fighter, having endured 55 radiation treatments and nine rounds of multi-week chemotherapy.

Riley, of Beverly, was diagnosed in May 2013 with esthesioneuroblastoma, a rare form of cancer that started as a tumor in her nasal cavity and has spread to her brain. The treatments she's received at the Dana-Farber Cancer Institute's Jimmy Fund Clinic slowed the cancer growth, but in December 2013, Kamie and Todd Fessenden received the news that their daughter's cancer was not curable.

"I had known elderly relatives on hospice, but I had no idea that children could receive hospice care while still receiving medical treatment," said Kamie. "I'm a planner, so as soon as they talked about Care Dimensions and Kaplan House, I called to get a tour and meet the team."

Care Dimensions' pediatric team, led by pediatric palliative care specialist Tamara Vesel, M.D., has coordinated care with Riley's specialists at Dana-Farber. "It's great having a doctor and a nurse come to the house instead of having to drive all the way into Boston for everything," said Kamie.

"Though I can manage Riley's care myself at the moment, I wanted the hospice team on board now so we can all get comfortable and trust each other, before there's a crisis," explained Kamie. "The hospice team has been so helpful and lifted such a burden for us."

"Before, when I had to get Riley's prescriptions filled, it was always a fight with insurance about what was covered and it was so stressful going to pick it up," said Kamie. "Now, our nurse Lisa Carey manages all the paperwork and ordering, and it gets delivered to our door."

Social Worker Angie O'Keefe has coordinated community resources and helps with other services. "It's great to have a team to rely on. If I just mention something that we need or that I have to do, they jump right on it and coordinate it. I don't even have to remember to call, because I know Angie will be calling to check in on me," said Kamie.



"I'd tell other families  
*not to be afraid of hospice...  
take advantage of it as soon  
as you can,* so you can focus on  
what's most important –  
your family."



### Pediatric Care Program

At Care Dimensions, we cherish our youngest patients – infants, children, and adolescents living with a life-threatening illness – and surround them with expert medical care and nurturing support. Our specialized pediatric program provides family-centered hospice and palliative care services at home and in the community, including:

- Pediatric nurse visits to manage pain and other symptoms
- 24/7 support for questions and nursing visits
- Physician consultation at home or in the hospital
- Home delivery of medications and equipment
- Coordination with the child's physician and health care team
- Kaplan House for respite care or inpatient symptom management
- Hospice home health aide
- Guidance in navigating community resources
- Complementary and expressive therapists for comfort and relaxation
- Spiritual support
- Medical social services
- Child life specialists to help with expressing emotion
- Trained volunteers to assist the child and family
- Bereavement support

**To learn more about our pediatric hospice program, please visit [CareDimensions.org](http://CareDimensions.org) or call 888-283-1722.**

The visits that Riley most looks forward to are with Care Dimensions' child-life specialists, Kristen Brandolini and Kristin Kowalski. Weekly, they join Riley and her siblings Drew, 11, Meghan, 9, and Daniel, 3, in their playroom to build a special art craft or play a game and talk about their feelings. "It's their time away from Mom and Dad, where they can talk about what makes them angry, scared or frustrated. It's been so helpful for them to share and know that the others are feeling the same thing. Riley is the one with cancer, but it's obviously affected our whole family," said Kamie.

"I'd tell other families not to be afraid of hospice. If it can help relieve some of the stress and provide support for your family, take advantage of it as soon as you can, so you can focus on what's most important – your family," she explained. "We just want Riley to be a kid and experience all she can."



**WATCH  
RILEY'S STORY**

[Youtube.com/c/Caredimensionsorg1978](https://www.youtube.com/c/Caredimensionsorg1978)



## Mutual Understanding is the Key to Veteran-to-Veteran Volunteers

*At 92 years young,* John “Joe” MacDonald is still a tall man with a broad smile and vivid memories of his time as a World War II bombardier machine gunner with the 491st Bombardment Group of the U.S. Army Air Forces. A series of small strokes three years ago affected his walking and caused depression and anger, but he recovered enough to move into the secure Spectrum unit for those with cognitive impairment at the Herrick House, an assisted living facility in Beverly.

Eventually, his condition worsened, leaving him more confused, unable to walk, agitated and sleeping for most of the day. After a couple of trips to the emergency room, his nurse at Herrick House suggested that he could benefit from hospice care from Care Dimensions.

“I’ve been amazed at the services he’s gotten, from nursing care and an air mattress to help two slow-healing pressure sores, to massage and music therapy, and visits from the chaplain and the social worker. The transformation in just three months is amazing. He’s walking again, leaving his room for meals, and

he’s more animated,” explained his daughter Barbara Story. “Care Dimensions provides so much more than what we thought hospice was. It’s really been the best decision we’ve ever made for our father’s care.”

“One of the services that is fantastic is the Veteran volunteer that was sent to visit Dad. He really looks forward to his visits with Tom Pendergast,” said Joe’s daughter Mary Bellavance. “As fellow veterans, they can sit for hours and talk about their experiences. My Dad has told stories that we’ve never heard before.”

Often, Joe meticulously shows Tom a book that details the missions and success of the 491st group. Joe flew in 36 missions over Europe in a B-24 airplane, while Tom served in the Navy as a gunner’s mate - third class throughout the Pacific in WWII and later in the Korean War. “There are some memories that only other veterans can understand,” said Mark Ledewitz, Veteran volunteer coordinator for Care Dimensions. “Putting veterans together can act as a catalyst for communication for many hospice patients who have served their country,” he said. In addition to sharing experiences, the two also rib each other good

*“As fellow veterans,* they can sit for hours and talk about their experiences.

*My Dad has told stories that we’ve never heard before.”*

naturedly about their branch of the military. “Being a Navy man, I bug the devil out of him about his planes,” said Tom. He also tells Joe, “I have a great respect for what you did.”

As with many volunteer programs, it isn’t just the patient who benefits. Tom was driven to volunteer for Care Dimensions after witnessing the support and care his second wife received while a hospice patient. “At the time of her passing I was distraught,” said Tom. “Then I got a check-in call from a Care Dimensions bereavement counselor and things started to turn around.” He attended a support group for spouses and found that everything he got out of the group made him feel better. Once he decided to be a hospice volunteer, he took the initial training and then completed a specialized training to become a Veteran-to-Veteran volunteer. “Becoming a volunteer, visiting veterans like Joe, has been very rewarding; it’s really brought me back to life.”



WATCH  
JOE'S STORY

[Youtube.com/c/Caredimensionsorg1978](https://www.youtube.com/c/Caredimensionsorg1978)

### We Honor Veterans Program

Care Dimensions is a proud member of the We Honor Veterans program, a national campaign of the National Hospice and Palliative Care Organization (NHPCO) and the U.S. Department of Veteran Affairs (VA). At the end of life, veterans are more likely to suffer from a higher degree of isolation, lack of family support, low income and dementia.

Care Dimensions has made a commitment to treat our veterans at end of life with honor and dignity, providing expert medical care and comprehensive support. In addition to individualized care plans that address medical and psychological issues common in veterans, our hospice program provides:

- A Veteran-to-Veteran volunteer program
- Assistance in identifying and securing military benefits, pensions and community resources
- Formal recognition and appreciation for military service
- Assistance with military funeral and memorial planning
- Grief support for the veteran’s family

Our Veteran-to-Veteran volunteer program has proved to be a tremendous success with patients who are veterans. Volunteers receive training to gain a deeper appreciation and empathy for the issues that veterans face at end of life; for example learning to take cues from patients who might not want to talk about their experiences and understanding the elements and triggers of post-traumatic stress disorder (PTSD). After completing the initial hospice volunteer training, volunteers can attend a specialized training for working with veterans.

**To learn more about becoming a Veteran-to-Veteran volunteer, visit [CareDimensions.org](http://CareDimensions.org)**

*Our Veterans Program is sponsored in part by East Boston Savings Bank Charitable Foundation and the Beverly Rotary Club Foundation.*





## Celebrating Special Moments *at Kaplan House*

*At 52, Elaine Saad* was just starting to get comfortable with her “empty nest” after helping her last child Jessica, 25, move into her own apartment. But, she was also having increasing discomfort and stomach pain from what she assumed was a flare up of acid reflux. Tests eventually revealed a cancerous mass on her liver and nodules in her lungs.

For nearly a year, the Wilmington resident and 25-year employee of Winchester Hospital was surrounded by family, friends and colleagues as she was treated at the hospital’s Center for Cancer Care. But the cancer continued to grow and the side effects increased. When a blood clot sent her to the hospital, Elaine met with Linda Mario, an oncology patient navigator who thought she would benefit from a palliative care consultation from Care Dimensions to help alleviate her symptoms.

The next day, Care Dimensions’ Palliative Care Medical Director Robert Warren, M.D., recommended she be admitted to the Kaplan Family Hospice House for closer management of her shortness of breath, pain and titration of medications. “Initially, hearing the word ‘hospice’ was a little scary, because I had always associated it with the very end, but Dr. Warren assured us that the goal was to get her

breathing and symptoms under control to make her more comfortable, and hopefully have her come back home,” said Jessica.

After two weeks at Kaplan House, Elaine felt remarkably better and was discharged home with hospice care and under the watchful eye of Jessica. “For nearly three months, she was better than she had been before she was diagnosed. She was laughing, breathing easily, even walking down the street, going shopping and painting. Looking back, that extra time was truly a gift we all cherish,” said Jessica.

But soon her symptoms worsened and she was readmitted to Kaplan House. “I knew Kaplan House was the best place for her, but she was adamant that she wanted to go back home,” explained Jessica. After four days, she was stable enough to return home. Two days later, however, Elaine fell out of bed and broke her nose and was rushed to the hospital, and then returned to Kaplan House.

“It was a relief when she went back to Kaplan. At home, I was always thinking about her next medication, her meals and what she was doing. But at Kaplan, I could step back and let the nurses care for her, while I could just focus on being with her,” said Jessica. “She loved it when I opened the patio doors

*“At Kaplan, I could step back and let the nurses care for her, while I could just focus on being with her.”*

and wheeled her bed outside so she could look at the trees and the birds. We even set up her easel, so she could paint a little.”

For weeks, Jessica never left her mother’s side, and they had a constant stream of family and friends visit. “My Mom was desperate to be able to attend my brother John’s wedding in August. But, she was getting so weak that we decided to quickly plan a wedding blessing at the Kaplan House so Mom could be there and celebrate with them,” said Jessica. Within six hours, Kaplan House staff and Linda Mario transformed Elaine’s room and patio into a festive outdoor wedding. “She was so happy that day.”

“It meant so much for our whole family to share that important moment together and to have pictures of her with us. It’s a day we’ll never forget,” said Jessica. Elaine died peacefully at the Kaplan House two weeks later surrounded by her family.

*During Elaine Saad’s stay at Kaplan House, the vibrant fish tank in the living room outside her room became a focal point for the family offering a needed diversion and stress relief. Since her death, Elaine’s family has rallied to raise funds to sponsor a fish tank in her name at the new hospice facility in Lincoln/Waltham when it is constructed.*

**To contribute to the fund, you may donate online at <https://give.hns.org/pages/elaine-saad>**



**WATCH JESSICA AND ELAINE'S STORY**

[Youtube.com/c/Caredimensionsorg1978](https://www.youtube.com/c/Caredimensionsorg1978)



## Engaging Hospice Early Enables Patient to Fulfill Wish to Die at Home

*As an oncologist and researcher* at the Dana-Farber Cancer Institute for more than 30 years, Barrett Rollins, M.D., counseled hundreds of patients about end-of-life issues and had long known the benefits of hospice, but it wasn't until he worked with Care Dimensions to care for his wife Jane during her final months that he fully understood the depth of clinical expertise and partnership the hospice team brings to patients and families.

His wife, Jane Weeks, M.D., was also an oncologist and researcher who worked side-by-side with her husband at Dana-Farber. Keenly interested in end-of-life issues, Jane had spent the last ten years developing a new field in oncology to measure the outcomes of cancer treatment in conjunction with a patient's quality of life. "She was exploring how we think about providing cancer care and support for patients with terminal diagnoses, and how we support them through the last stage of their lives," explained Dr. Rollins.

In September 2012, Jane suffered a pulmonary embolus or blood clot that traveled from her leg to her lung causing a cardio-pulmonary arrest. During her treatment, doctors found that the blood clot was caused by widespread breast cancer. Jane sought treatment for the cancer, but after seven months, it became clear that she would not survive and she started experiencing more acute symptoms, including difficulty breathing.

"From the beginning, we talked about not 'if' but 'when' we would bring hospice into her care," said Dr. Rollins. "We thought hospice would be beneficial, but I really think it was one of the smartest decisions we made about her care."

To control Jane's breathing difficulties and discomfort required the clinical expertise of Care Dimensions Chief Medical Officer Stephanie Patel, M.D., and the nurses on Jane's team to find the proper dosing and administration of narcotics to help her breathing. "It was an ongoing and difficult process, but we trusted them, because this is their area of expertise and they really knew what they were doing," he explained.

"The 24-hour nursing support line was very comforting and effective. If Jane was having trouble breathing and I couldn't control it with the pump, I could call and have a nurse walk me through it or they'd come out and visit," said Dr. Rollins. "Jane desperately wanted to die at home. If it wasn't for our hospice team and knowing that we could contact them continuously, get support, modify infusion pumps and change medications, she would have been hospitalized."

Sometimes, symptom relief came on four legs. "One of the wonderful discoveries we made about hospice was that Patrick the golden retriever was available for pet therapy visits," Dr. Rollins explained. "Patrick's visits brought such joy and relief. He'd come over and play with Jane, and for a while, we were more concerned if Patrick had enough water on hot days, rather than how Jane was breathing."

"We thought hospice would be beneficial, but I really think it was *one of the smartest decisions we made about her care.*"

After four months on hospice care, Jane died peacefully at home at the age of 61.

After such a personal experience with hospice, Dr. Rollins has become an even bigger advocate for beginning hospice care earlier in a patient's course of treatment. "Jane and I had the ability to think and talk about hospice for several months, so we could decide to start it at the right time. The lesson for families is that they need to understand fairly early on in their loved one's disease course whether they're dealing with a curable disease – which was one of Jane's research areas. They need to understand what's curable and what's not, so they can begin the conversation about hospice early."

"You don't need to engage hospice at that point, but the earlier that you talk about it will make it less traumatic to make the decision at the right time," he stressed. "I cannot say enough about the importance of hospice and Care Dimensions in Jane being able to have a comfortable end."

### Complementary Therapies

Complementary therapies nurture the body, mind and spirit. As an addition to the medical plan of care, they enrich the quality of life for patients, families and caregivers by relieving stress and tensions, aiding relaxation and promoting a sense of well being. Available therapies include:

- Art therapy
- Music therapy
- Pet therapy
- Massage
- Aromatherapy
- Reiki

Care Dimensions depends on the generous support of our community donors to fund our complementary therapies program and other services not covered by the hospice insurance benefit.

**To learn more about our programs, please visit [CareDimensions.org](http://CareDimensions.org)**

WATCH BARRETT  
& JANE'S STORY



[Youtube.com/c/Caredimensionsorg1978](https://www.youtube.com/c/Caredimensionsorg1978)

# 2014 Year in Review

## January



On January 1, 2014 we launched our **new name and brand identity** to reflect the range of care and services we provide.

## February



National Public Radio's **"This American Life" Program** visited the Kaplan House and interviewed our nurses and patients for a story about hospice.

## May



In honor of Memorial Day, we presented **"We Honor Veterans" awards** to three leaders who have supported vets in our community.

## July



Our **13th annual Camp Stepping Stones** welcomed 49 children and their families for a weekend of fun, healing and commemoration.

## October



Nationally recognized palliative care expert and author **Dr. Ira Byock** presented two thought-provoking presentations about treating patients at end of life.

## December



Care Dimensions Performance Improvement and Education Coordinator Dawnett White, RN, CHPN, (right) was awarded the **Rick Vescovi Memorial Award** for 2014. The award was established in memory of Rick Vescovi, a social worker for the organization who passed away in 2007.

# Building a Legacy of Giving Back

*It all started with an invitation.* When Allison and Preston Bradford relocated to the North Shore 20 years ago, Allison's college friend invited them to the Hospice Regatta and Auction for a fun night out supporting a great cause. Instantly, a deep connection was made.

Allison, who had recently lost her mother to cancer and had witnessed the profound impact that having the right resources and people to help could make during the end of a person's life, was drawn to the mission of Care Dimensions because she knew it was a place where she could make a difference.

Allison and Preston joined the Hospice Regatta and Auction Committee and over the next 13 years, they worked on every aspect of the event, making friends, having fun and raising a lot of money to underwrite critical hospice programs not covered by insurance.

In 2009, Allison's commitment to Care Dimensions took on a new, more personal expression through volunteering her time. She can be found at least two days a week at the front reception desk at Kaplan House greeting visitors and families with a warm smile and a calm, inviting demeanor. "I knew I could make a difference in someone's day whether it was by listening, holding a hand, giving a hug, or offering a smile," Allison said. "It's the little gestures that often make the most difference."

When it became clear in 2010 that the Kaplan Family Hospice House needed to expand to keep up with patient demand, Allison and Preston stepped up again and took on an even greater challenge by co-chairing the Gala Committee to raise funds for the new wing at the Kaplan House. Drawing a crowd of 300, the Gala raised \$200,000 to support the construction and to extend needed care to the community.

"The values of supporting our community, making a real difference in people's lives, and leaving a lasting legacy are important to us," said Preston. "As we reviewed our financial plans this year, it became clear that designating Care Dimensions in our estate plans would help us accomplish those goals." By making that commitment to Care Dimensions, Allison and Preston became two of the newest members of the David Sherman Legacy Society.

"For us, donating our time and our financial resources has come naturally as our understanding of the real work of Care Dimensions has grown, and with it, our commitment to the people it serves," said Allison. "We know that our gift through the Legacy Society will help families in countless ways in the future."



For more information about volunteering, please call 1-888-283-1722 or email [SMeehan@CareDimensions.org](mailto:SMeehan@CareDimensions.org).

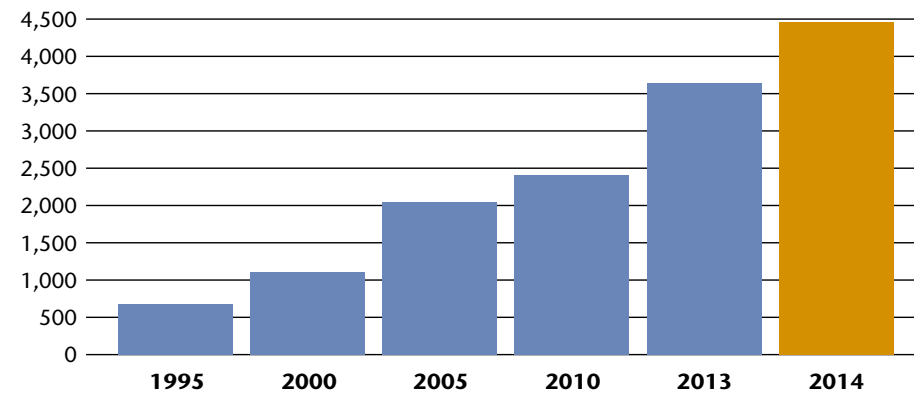
To discuss your estate plans or to join the David Sherman Legacy Society, please contact Elizabeth Macomber, Vice President for Philanthropy at [EMacomber@CareDimensions.org](mailto:EMacomber@CareDimensions.org).

# Serving More People in Their Time of Need

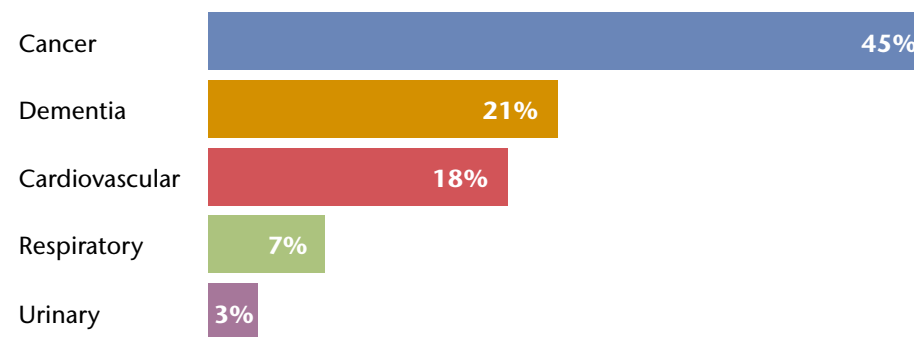
## A Year of Service 2014

<b>Hospice Patients Served</b>	<b>4,458</b>
<b>Palliative Care Visits</b>	<b>1,950</b>
<b>Average Days on Service</b>	<b>54</b>
<b>Average Daily Census</b>	<b>598</b>
<b>Kaplan Family Hospice House</b>	
Admissions	1,027
Days of Care	6,434
<b>Total Nurse Visits</b>	<b>69,075</b>
RN Visits	47,190
LPN Visits	9,624
Admissions	6,791
On Call	5,470
<b>Social Worker Visits</b>	<b>14,696</b>
<b>Chaplain Visits</b>	<b>7,498</b>
<b>Physician Visits</b>	<b>4,220</b>
<b>Hospice Aide Visits</b>	<b>70,186</b>
<b>Complementary Therapies Visits</b>	<b>4,037</b>
<b>Employees</b>	<b>388</b>
<b>Volunteers</b>	<b>440</b>
<b>Volunteer Hours</b>	<b>25,983</b>
<b>Grief Support Services</b>	
People Served	5,169
<b>Educational Programs</b>	
Community Programs	115
Community Attendees	1,160
Professional Programs	285
Professional Attendees	4,440

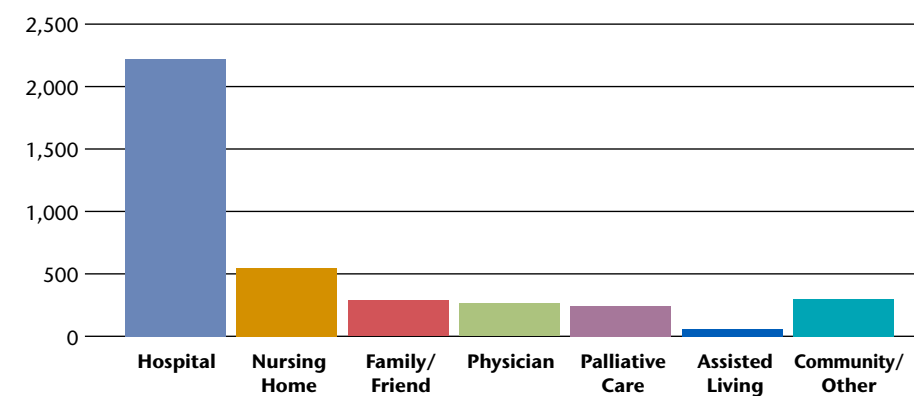
## Total Hospice Patients Served



## Top Five Diagnoses (Patients by Diagnosis)



## Hospice Admissions by Referral Source



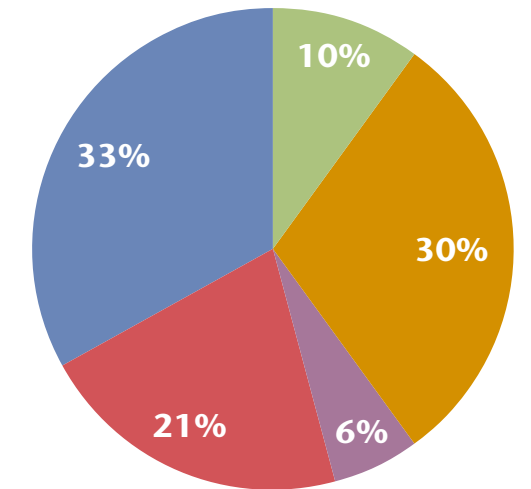
# Community Support Strengthens Access and Innovation

Generous community support underwrites the innovative programs that are hallmarks of the compassionate, comprehensive end-of-life care provided to anyone who needs it, regardless of their ability to pay. Philanthropic support helps to sustain the key services and develop new programs including:

- Grief support programs, including bereavement support and counseling for adults and children, provided at the Bertolon Center for Grief and Healing, our Wellesley office and in community locations.
- Camp Stepping Stones for children and their families who have experienced a loss
- Palliative Care services to alleviate physical, emotional and spiritual suffering for those who are chronically ill
- Pediatric hospice and palliative care services and specialized training for the care team
- Kaplan Family Hospice House equipment, furniture replacement and upgrades
- Volunteer training and services
- Community and professional education
- Specialty programs such as Complementary Therapies, Dementia Support, Cardiac and Respiratory Care, Veterans recognition and support

We gratefully acknowledge over 11,000 donors who made gifts to Care Dimensions during 2014. Due to space limitations, we are unable to list all donor names in this annual report. Our lists reflect those who have donated \$250 or more in monetary or in-kind gifts from January 1 to December 31, 2014. We strive to ensure the accuracy of every donor. We apologize if any error has been made and ask that you contact us to correct our record.

## Philanthropic Support



<b>Special and Community Events</b>	<b>\$683,150</b>
<b>Annual Gifts and Miscellaneous</b>	<b>\$214,214</b>
<b>Bequests</b>	<b>\$615,327</b>
<b>Memorial Gifts</b>	<b>\$426,661</b>
<b>Foundation Grants</b>	<b>\$129,815</b>
<b>Total Unrestricted Funds</b>	<b>\$2,069,167</b>

# Thank You





# Compassion...

The Campaign for Care Dimensions

We are grateful to those who are leading the way with their gifts and pledges to Compassion...The Campaign for Care Dimensions. In 2014, we commenced our campaign to raise funds to build the new inpatient hospice care center in Lincoln and to seed endowments for the Kaplan Family Hospice House, the Pediatric Hospice and Palliative Care Program and for Care Dimensions' innovative programs and services.

Jane E. Alpers  
Mr. and Mrs. Phineas Alpers  
Anonymous  
Cynthia and Tony Ayoub  
Mary Beth Barry  
Ms. Paula Bartlett  
Helen Chiasson  
Anita and Phil Cibelli  
Lois E. Cohen  
James B. Conway  
Judith and Patrick Cranney  
Danversbank Charitable Foundation  
Gene and Sara del Rio  
Karen Eichhorn  
Michael J. Engelberg  
Equinox Fund  
Alexander and Mary Fish  
Mr. and Mrs. Gregory B. Fish

The Teddy Fish Fund  
Michael A.\* and Jane Fonzo  
Thomas and Heather Ford  
Leo and Lucy Gilson  
Jean M. Graham  
Zelda and Harold Kaplan  
The Kaplan Family Foundations  
Mr. Stephen B. Kay  
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Nathaniel R. Lamkin  
Mr. and Mrs. Raymond J. Landers, Jr.  
The Caleb and Rosemary Loring Gift Fund  
Larissa Lucas, MD  
Janet M. MacKean  
Elizabeth and Jon Macomber  
Sheryl Meehan  
The New York Community Trust ~  
The Island Fund

Stephanie Patel, MD  
Dr. and Mrs. Adam Perlman  
Mr. and Mrs. Samuel S. Perlman  
The Procaccini Charitable Fund  
Mrs. Patricia Ramsden  
Elizabeth Robitaille  
Rogers Family Foundation  
Family and Friends of Elaine Saad  
Mr. Devon Scott  
Mr. and Mrs. John Shapiro  
Louise and Robert Sharp  
Sarah and Peter Sherwood  
Lyn Skarmear  
Dr. Allen L. Smith and Ms. Denise Duchainey  
Ms. Ellen L. Smith and Mr. Bill Pastuszek  
Diane T. Stringer  
Dr. Robert Warren and Ms. Stefanie Fogel  
Christine and James C. Zampell

\* Deceased



The David Sherman Legacy Society was founded in 2011 to recognize the largest bequest received in our history and to honor David Sherman's memory. We gratefully acknowledge those who have included Care Dimensions in their estate plans.

- |                               |                                  |                                |
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To discuss your estate plans or join the David Sherman Legacy Society, please contact Elizabeth Macomber, Vice President for Philanthropy at [EMacomber@CareDimensions.org](mailto:EMacomber@CareDimensions.org), 978-750-9394.



The David Sherman Legacy Society gathered for their annual luncheon. This year's guest speaker was Dr. Tamara Vesel, our Medical Director of Pediatric Services.



Jane Fonzo (r) hosted friends and neighbors to learn more about Care Dimensions and our pediatric program.



Beverly's Anchor Pub & Grille and Jubilee Yacht Club sponsored the Annual Anchor Dip.



Friends and family of Todd Libman celebrated his life with a 50-mile walk event - Trekking for Todd.

We are grateful for fundraising events by groups, small and large, that allow us to continue to develop new programs to meet the needs of the diverse communities we serve.



*The Circle of Compassion celebrates the steadfast loyalty and commitment of these special donors that is demonstrated by their cumulative giving history.*

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## Annual Hospice Auction & Regatta 20th Anniversary Platinum Gala



Celebrating the 20th Anniversary with a Platinum Gala, our Hospice Auction and Regatta has become Care Dimensions' signature fundraising event, with a lively auction, a challenging regatta race, and most importantly, an opportunity to bring together so many friends who support our unique mission and innovative programs and services. We are grateful for the extraordinary generosity of our sponsors and donors, many of whom have been supporting the Regatta since its inception in 1995. With an impressive \$4 million raised over the last 20 years, the Hospice Auction and Regatta is one of the region's premier social and philanthropic events.

Funds raised through the Hospice Auction and Regatta allow us to continue to offer an unmatched array of services, translating compassion into care of unparalleled quality, care equal to the challenges faced by patients and families when confronted with terminal illness.

*Photos (top to bottom): 2014 Hospice Auction event co-chairs (left) Meryl Thompson and Louise Sharp (right) with auctioneer Paul Zekos. George Dhionis and Paul Zekos.*

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Over 5,000 walkers came out to support Care Dimensions at the 27th Annual Walk for Hospice. Behind the success of this huge event every year has been a dedicated Walk Committee and small army of volunteers. Proceeds from the Walk help fund essential programming and care not covered by insurance.



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Beverly Hospital, a Member of Lahey Health  
Billy Willy's Bunch  
Edward Boesel  
Bubbe's Brigade  
The Byrne Bunch  
Carleton-Willard Village  
Circling the Square & The Danvers Herald  
Joanne Cochrane  
Conway, Cahill-Brodeur Funeral Home LLC  
Cosmic Muffin  
Danvers High School  
Danvers Kiwanis Club  
Elizabeth Evans  
John Evans  
Morgan Evans  
Noreen Evans  
Alexander and Mary Fish  
Foot Steps for Bobby  
Susan Fournier  
Edward C. Freni, Jr.  
Robert Garron  
Ghiorso & Sorrenti Inc.  
Hannah Ginley

Alan Hartnett and Steve Brigandi  
Hartnett Auto Body, Inc.  
Harvard Pilgrim Health Care Foundation  
Heidi Hatch  
Heart and Soul  
Holten-Richmond Middle School Hawks, Danvers  
Martha Kuklinski  
Ladies Literary League  
Barbara and Russell Lacerda  
LaSalette  
Live Laugh Love  
Lori's Angels  
Elizabeth and Jon Macomber  
Mark Mahoney  
Mary's Mighty Ducks  
Meninno Construction Co., Inc.  
My Sister's Team  
Nan's Phans  
Stephen Nee  
North Shore Community College  
Steven Orgettas  
Papa & Grammy's Team  
Peabody Veterans Memorial High School  
People's United Bank  
The Procaccini Charitable Fund  
PUP 143  
Putnam Farm at Danvers  
Rita's Rebels  
The Roach Patrol  
Maura and Manny Santos  
Lionel Sheppard  
Shetland Properties of Salem Limited Partnership  
Soccer Moms for Joyce  
Anthony Spignese  
St. Richard Parish, Danvers  
Sue Ellen Tagg  
Taylor Family  
Taylor's Tigers  
Team Charlotte

Team Cheech  
Team Donna St. George Doyle  
Team Max  
Team McManus  
Team Nana's Donuts  
Team Petunia  
Team Spartacus  
Team Twisted  
Francine and Alan Temkin  
Tim's Trees  
Aileen Torrance  
Maureen and Paul Trefry  
Jerome Trupiano  
Walking to Remember  
Windover Construction  
Yo Adrienne  
Ziggy's Team

### \$250 - \$499

Adams, Chapman Company  
Alice's Angels  
Aligned for Life Chiropractic  
Allan's Angels  
Jane Alpers  
Annisquam Auto Body  
Lynda and Ronald Barry  
Arthur Bernier  
Bruce Billingham  
Bishop Fenwick High School, Peabody  
Bob's Team  
Diane and Robert Brinkley  
Tara Brooks  
Patricia Burnham  
Cory Carr  
Carrick's Angels  
Cibelli Family Team  
Marietta Collins  
John Colucci  
Kathy Connolly  
Brian J. Cranney Landscaping  
Crowe Horwath LLP  
Judy and David Curran

The Disability Specialists, LLC  
Norma Dugan  
East Coast Tire  
Alan Edgett  
Joan and Michael Even  
Peter Fallon  
Paul Foley  
Friends of Diane T. Stringer  
Geez Louise!  
Ginny's Team ~ Heil  
Ellen Glew  
Graff Family  
Jean Graham  
Grampy's Girls  
Hamilton-Wenham Regional High School  
Annette Hartz-Rotigliano  
Dan Higgins  
Matthew Higgins  
Thomas Hine  
Cara Hutchins  
J & B Automotive, LLC  
Jessica's Jaywalkers  
JLM Office Innovators  
Katy's Keepsakes  
Betty Ann and Forrest Knowles  
Elizabeth and Frederic Lebel  
Little Engine that Could  
Sheila, Amanda and Lisa Love  
James MacArthur  
Karen MacCormack  
John Maratta  
Chris and Jim McCann  
Ann McCarthy  
William E. McCarthy  
Edward F. McLaughlin  
Mercedes for Life  
Micro Support Systems  
Murphy's Law  
Nana's Team  
Never Forgetting Nancy  
Ronald Noel, III

Norma's Girls  
Angela O'Keefe  
Marilyn Opidee  
Dr. Nancy Otovic  
Pappas Strong  
Josephine Petrillo  
Betty and Larry Pickering  
Prevare, LLC  
PVMS Boys Soccer Boosters  
Rita M. Leawood Team  
Stuart Robbin  
Rose's Bunch  
Schumer at SJP  
Chris Smith  
Solimine, Landergan & Richardson Funeral Homes  
Spaulding Rehabilitation Network  
Partners Healthcare at Home  
Susan Tavilla  
Denise Tavilla  
Paul Taylor  
Team Bonnie  
Team Caron  
Team Dazzling Diamonds  
Team DeRienzo/Morris  
Team Keegan Wehrwein  
Team Kiley  
Team Leblanc  
Team Ouellette  
Team Pepie  
Team Poppy  
Team Prevare  
Team SJP Drama Guild  
Teddy's Angels  
Howard Tuttmann  
Kenneth Venti  
Stacy Vining  
Natalia Wainwright  
Walking Angels  
Jane Welch  
Stephanie Yirikian



75 Sylvan Street, Suite B-102  
Danvers, MA 01923

For the latest news and events,  
please follow us online:



## 2015 Schedule of Events

Please join us for these special events throughout the year. For more details on these activities and how you can participate, visit us online at [CareDimensions.org](http://CareDimensions.org) or call 888-283-1722.



### **21st Annual Auction & Regatta**

Auction — Saturday, June 13 at Tedesco Country Club  
Regatta — Sunday, June 21 at Eastern Yacht Club  
Marblehead

### **Brick Dedication Ceremony**

Saturday, June 20  
Kaplan Family Hospice House  
Danvers

### **14th Annual Camp Stepping Stones**

Saturday, July 18 & Sunday, July 19  
Glen Urquhart School, Beverly Farms

### **28th Annual Walk for Hospice**

Fall 2015  
St. John's Prep Campus  
Danvers

### **24th Annual Tree of Lights Ceremonies**

December 2015

Care Dimensions, founded in 1978 as Hospice of the North Shore, was one of the nation's first hospice providers. As a community-based, non-profit leader in advanced illness care, it has become the largest, most comprehensive hospice provider in the Commonwealth. With the mission of providing exceptional care, support, education and consultation to those affected by life-limiting illness, death and loss, Care Dimensions provides care for patients in more than 90 communities in Eastern Massachusetts.

*If you do not want to receive future fundraising requests supporting Care Dimensions, please contact the Philanthropy Department by email at [Philanthropy@CareDimensions.org](mailto:Philanthropy@CareDimensions.org) or call 978-223-9787.*